



The Aikido Institute of Newfoundland

is pleased to announce an afternoon seminar with

Sensei Dermot McDonald, Shihan, 6th Dan

Saturday 24 February, 2018
11:45 - Registration
12:15 - Class 1
1:30 - Class 2
2:50 - Dan testing
Social to follow at the Knights of Columbus next door – all are welcome!



Non-students: \$20.00

Students: \$15.00

\$10 per individual class

Family rate: Full charge for adults, ½ price for students

FREE ADMISSION FOR SPECTATORS

All classes are held at l'École intermédiaire et secondaire francophone de Saint-Jean (formerly Holy Cross Junior High) 7 Ricketts Road, St. John's, NL

Sensei McDonald began practising Aikido in 1972 under the direction of Graham Burt Sensei, and currently is a direct student of Yamada Sensei, and closely affiliated with Berthiaume Sensei. Sensei McDonald has trained under many of the foremost Aikido Shihan past and present. The vast majority of dan ranks from Newfoundland have been trained by Sensei. In January, 2011 Hombu, with the recommendation/support of Shihans Yamada and Berthiaume, acknowledged Sensei McDonald's proficiency and dedication to the art of Aikido by granting him the title Shihan.

<http://www.aikidonl.com/> aikidoinstitutenewfoundland@gmail.com